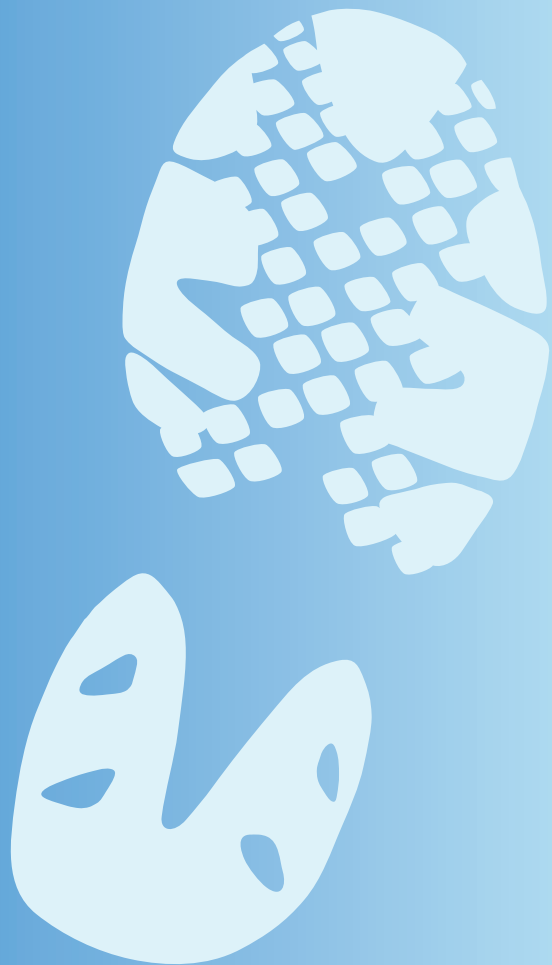


step into sport



Volunteer Passport





Congratulations! On joining the Step into Sport Volunteering team of young community volunteers.



Since the programme began, we have engaged with over 16,000 young people like you, who have been deployed into the community.

Here are some comments from young people who are currently actively involved in Community Volunteering:

“ I really enjoyed participating in the Step into Sport Programme and it’s created many new and exciting challenges for me over the last few months ” Female

“ It has given me the ability to coach large numbers and organisation skills, ability to control a group better and also improved my social skills by meeting new people in large numbers. ” Male, aged 17

INTRODUCTION

What is Step into Sport?

Step into Sport is one of the eight strands of the joint Department for Children, Schools and Families strategy for School and Sport and Club Links (the 'PESSCL' strategy).

Step into Sport focuses on young people aged between 14 – 19 years and aims to encourage them to undertake an involvement in sports leadership and volunteering that will continue later in life.

What is Community Volunteering

Community volunteering forms part of **STEP FIVE** of the Step into Sport Programme. It involves two parts:

Community Volunteering - Part 1 (school-based volunteering)

This is aimed at young people aged between 14 – 16 years who are actively involved in volunteering within a school environment. Community volunteers will be given the opportunity to achieve a bronze award in volunteering (50hrs). Hours can be accumulated from a variety of volunteering experiences on the school site, please refer to the diagram on page 3.

Community Volunteering - Part 2 (community-based volunteering)

This is aimed at young people aged between 16 – 19 years who have undertaken some leadership training previously. This is usually in the form of a leadership or NGB award. This can also include leadership experience gained through other accredited sources such as Duke of Edinburgh or any previous volunteering experience. This part of the award must be undertaken in a local community sports club or other community group such as a youth club. Hours can be accumulated from a variety of volunteering experiences in the community, please refer to the diagram on page 3.

INTRODUCTION

How do I identify a suitable placement?

You may already have links with a local club/organisation and want to develop your placement there, or you may know of an organisation in your area that you would like to find out more about and work with.

Most placements should be within a local sports club or association within your local community, this could be a local football club, swimming club, youth club or uniformed group etc.

Contact your School Sport Co-ordinator or Step into Sport Mentor to discuss your placement opportunities and let them assist you with organising your placement.

What awards can I achieve?

Bronze – 50 hours = Part 1 & Part 2

Sliver – 100 hours = Part 2 Only

Gold – 200 hours = Part 2 Only

“ I have thoroughly enjoyed all of my volunteer work to date and I think my enthusiasm has radiated to the children and my colleagues. As long as the children and myself are enjoying it I will continue to do it ” Male aged 18

“ I really enjoy working with children with disabilities, you can learn so much from them ” Female, Year 12

WHAT TYPE OF VOLUNTEERING COUNTS TOWARDS AWARDS?



Community Volunteering – Part 1 (school-based 14 – 16 years)





Community Volunteering – Part 2 (community-based 16 – 19 years)



- You can gain 25% of awardthrough training, for example, undertaking a first aid qualification.
- The remaining 75% must be gained in a placement through active volunteering.

WHY BECOME A COMMUNITY VOLUNTEER?

Community Volunteering has engaged with over 16,000 young people since it was first launched in 2002. It helps you gain skills in:

Planning, organisation, negotiation, time-management; increases confidence, strengthens leadership skills; improves communication and supports future employment.

Step into Sport Pathway



SIS VOLUNTEER PASSPORT

We are pleased to announce the new online portfolio for community volunteers. You will now be able to log and manage your volunteering online with the Youth Sport Trust.

Once you have registered onto the programme and have been placed into your volunteer placement you will be provided with a log-on number to enable you to access the SIS Volunteer Passport.

When you first access the site you will have the opportunity to watch an introductory DVD which will contain user information. This will only last for a few minutes and although the introduction can be accessed at any time we recommend that you view this so that you are fully briefed on the system.

When you have completed your introduction you will be asked to register your details, all fields listed are required fields and your registration will not be activated until those fields have been completed. So please ensure that you have all the relevant information with you regarding your mentor and placement.

The SiS Volunteer Passport can be accessed through the YST homepage at www.youthsporttrust.org

The new site will offer not only an electronic log for your Community Volunteering but you will be able to access PDF resources and case studies to support you with your placement.

Good luck with your Volunteering,

Step into Sport Team

“ I got so much from Community Volunteering. It has been fantastic. I am still volunteering now and hope to carry on ” Female, aged 19

“ There is a lot of support for the young leaders (such as the 4-day camp) from going to the camp it improved my confidence even more than it was ” Male, aged 17

“ It has made me think about working as a coach for children in the future ” Female, Year 12





